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Impact of the neutrophil response to granulocyte colony-stimulating factor on the risk of hemorrhage when used in combination with tissue plasminogen activator during the acute phase of experimental stroke

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Abstract

Background: Granulocyte colony-stimulating factor (G-CSF) is a pharmacologic agent inducing neutrophil mobilization and a new candidate for neuroprotection and neuroregeneration in stroke. Its effects when used in combination with tissue plasminogen activator (tPA) were explored during the acute phase of ischemic stroke.

Methods: We used a middle cerebral artery occlusion (MCAO) model of cerebral ischemia, associated with treatment with tPA, in male spontaneously hypertensive rats (SHR). Granulocyte colony-stimulating factor (G-CSF; 60 µg/kg) was injected just before tPA. Neutrophil response in peripheral blood and in the infarct area was quantified in parallel to the infarct volume. Protease matrix metallopeptidase 9 (MMP-9) release from circulating neutrophils was analyzed by immunochemistry and zymography. Vascular reactivity and hemorrhagic volume in the infarct area was also assessed.

Results: Twenty four hours after ischemia and tPA, G-CSF administration induced a significant increase of neutrophils in peripheral blood (P < 0.05). At 72 hours post-ischemia, G-CSF was significantly associated with an increased risk of hemorrhage in the infarct area (2.5 times more likely; P < 0.05) and significant cerebral endothelium-dependent dysfunction. *Ex vivo*, an increased MMP-9 release from neutrophils after tPA administration correlated to the increased hemorrhagic risk (P < 0.05). In parallel, G-CSF administration was associated with a decreased neutrophil infiltration in the infarct area (-50%; P < 0.05), with a concomitant significant neuroprotective effect (infarct volume: -40%; P < 0.05).

Conclusions: We demonstrate that G-CSF potentiates the risk of hemorrhage in experimental stroke when used in combination with tPA by inducing neutrophilia. This effect is concomitant to an increased MMP-9 release from peripheral neutrophils induced by the tPA treatment. These results highlight the potential hemorrhagic risk of associating G-CSF to thrombolysis during the acute phase of stroke.

Keywords: Stroke, tPA, G-CSF, Neutrophil, Hemorrhage, Vascular endothelium

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Introduction

Granulocyte colony stimulating factor (G-CSF) is a hematopoietic cytokine initially used in the treatment of neutropenia for its effects on proliferation and maturation of the granulocyte cell line.

Recently, G-CSF displayed a neuroprotective effect when used during experimental stroke by both decreasing the infarct size and improving motor function recovery [1-3]. Several clinical studies using G-CSF during the acute and subacute phase of ischemic stroke have now been reported [4]. At the acute phase of ischemic stroke, the question of combining G-CSF with tissue plasminogen activator (tPA), used for thrombolysis, is raised. tPA is currently the only licensed drug for acute stroke, allowing reperfusion of the infarct area. However, the tPA-therapeutic window is limited due to induced-hemorrhages [5]. Given the role played by polymorphonuclear neutrophils (PMN) in the physiopathology of these post-tPA hemorrhagic complications [6], the objective of this work was to analyze the impact of G-CSF on the risk of hemorrhage when used in combination with tPA during the acute phase of an experimental ischemic stroke.

Methods

All animal experiments were performed in strict accordance with the guidelines published by the International European Ethical Standards (86/609-EEC) and the French Department of Agriculture (décret 87/848). Spontaneously hypertensive rats (SHRs; 10-week-old male, weighing between 270 and 320 g, from Elevage Janvier Labs, Le Genest Saint Isle, France) were used in this study. Experimental data were monitored by using a blinded investigator for group allocation.

Surgical procedure and design of the study

Cerebral infarction was induced by intraluminal middle cerebral artery occlusion (MCAO) as previously described [7]. Briefly, rats were anesthetized by an intraperitoneal injection of chloral hydrate (300 mg/kg, 1.7 ml). Body temperature was maintained at 37 ± 0.5 °C throughout the surgery. The right carotid arteries were exposed through a midline cervical incision and the common carotid and external carotid arteries were ligated with a silk suture. An aneurysm clip was placed across the internal carotid artery and an arteriotomy was made in the common carotid artery stump, allowing the introduction of a monofilament nylon suture with its tip rounded by flame heating. The suture was gently advanced into the internal carotid artery and passed into the intracranial circulatory system as far as in the narrow lumen at the start of the middle cerebral artery (MCA). After one hour the suture was carefully removed to allow reperfusion. To reproduce the conditions of thrombolysis and induced hemorrhages, tPA 10 mg/kg (6 mL/kg) was administered after its in vitro application

on a clot (made from 0.2 mL of autologous blood sampled by jugular vein during the surgery and left in the open air for five hours, allowing thrombus formation) for 30 minutes. The resulting solution (mainly contained plasmin) was collected and infused five hours after restoring cerebral blood flow [7]. All rats underwent MCAO and tPA treatment.

Two groups were randomly formed before surgery (n = 20 per group divided into evaluation of infarct, hemorrhage, and neutrophil infiltration (n = 13) and vasoreactivity analysis (n = 7)) and received G-CSF (60 μ g/kg; 30 μ L, Amgen, Neuilly, France) or vehicle (0.9% saline, 30 μ L), subcutaneously administered just before administration of the tPA solution, five hours after the reperfusion. Sham-operated animals were treated identically, except that the MCA was not occluded (n = 4 for vehicle and n = 4 for G-CSF). Blood samples were collected before surgery, 24 and 72 hours later, to count leucocytes and PMNs (Machine XE 2100, Sysmex, Mississauga, Canada).

Evaluation of infarct and hemorrhage

Seventy-two hours after restoring blood flow, rats were perfused with 60 mL of fresh saline just before sacrifice. The brains were rapidly removed and frozen. Coronal, 20 µm-thick slices were taken from 12 levels, according to Paxinos and Watson's stereotaxic atlas. Infarct volume (in mm³ and corrected for edema) was quantified by digital integration of the respective ischaemic areas on all sections in a given animal. Hemorrhages were assessed by blind histological evaluation on three defined sections (+0.48, -0.92, and -3.30 mm relative to the bregma). The incidence of hemorrhagic transformation (HT) was scaled according to a previously described method [8]: 0 = no hemorrhage; 1 = multiple, macroscopically visible hemorrhages seen as petechiae; and 2 = hematoma. The severity of the HT was deemed to correspond to the number of petechial hemorrhages or hematoma per infarct area. In vivo magnetic resonance imaging was performed to document hemorrhages and infarct in a set of animals (n = 6)per group) just before sacrifice in a 7-Tesla, narrow-bore small animal imaging system (Biospec 70/20 USR, Bruker Biospin, Wissembourg, France). We acquired two-dimensional, T2-weighted images using a rapid acquisition with refocused echoes pulse sequence (turboRARE; relaxation time: 2500 ms; echo time: 65 ms; field of view: 4×4 cm; matrix: 256×256 , RARE factor: 8).

Myeloperoxidase immunohistochemistry

Neutrophil infiltration was quantified after 72 hours of blood flow restoration by assaying myeloperoxidase (MPO), an enzyme expressed by neutrophil cells, using a rabbit polyclonal anti-MPO primary antibody (DAKO, Les Ulis, Franceand revealed by treatment with an avidin: biotinylated enzyme complex (PK-6100, ABC kit, Vector Labs, Burlingame, United States), as previously described [9]. Neutrophil infiltration was assayed in a coronal slice (+0.48 mm relative to the bregma) that featured positive cells on six adjacent 1 mm² fields in the ischaemic zone (representative of 70 to 90% of the ischaemic tissue in the slice, located in cortical, subcortical, and striatal structures). We used brain sections from sham rats as a control.

Vasoreactivity analysis

Endothelium-dependent relaxation was assessed after 72 hours of blood flow restoration in a Halpern arteriograph (Living Systems Instrumentation, Burlington, Vermont, United States) [10]. We used a proximal segment of the right MCA perfused with oxygenated Krebs solution and maintained at 37°C and pH 7.4. The experiment itself was performed under no-flow conditions. The lumen diameter was measured using image analysis. The relaxant dose-response curve for acetylcholine (Ach) was determined by stepwise, cumulative addition (from 0.001 to 10 μ M Ach). Control groups (n = 4 for vehicle and n = 4 for G-CSF) were normotensive Wistar-Kyoto male rats, which served as a control group under physiological conditions [11]. Neutrophil depletion was induced by the intravenous administration of vinblastine (0.5 mg/kg EG labo, Boulogne-Billancourt, France) four days before the vasoreactivity analysis (n = 4). Relaxant responses were expressed as the percent increase in the pre-constricted artery diameter.

Matrix metallopeptidase 9 (MMP-9) release from neutrophil degranulation

Peripheral neutrophil degranulation and MMP-9 release was investigated after ex vivo tPA administration, according to a previously described method [12]. Shortly after, neutrophils were isolated from the blood of rats submitted to MCAO alone or MCAO and G-CSF administration after 24 or 72 hours reperfusion (n = 10 in each group)versus control groups (n = 10) using a standard protocol [13]. After isolation, purified neutrophils were resuspended at a density of 1.10⁶ cells/mL and 400 mL of the cell suspension was seeded per well into 24-well plates. Neutrophils were allowed to rest for 90 minutes at 37°C, 5% CO₂. The cells were then washed twice with phosphate buffer saline (PBS, Gibco BRL, Invitrogen, Cergy-Pontoise, France) and cultured in Roswell Park Memorial Institute (RPMI)-1640 medium with L-glutamine and sodium pyruvate (Gibco BRL) for another 30 minutes with PBS (control condition) or tPA (6.5 µmol/L). After stimulation, neutrophil-conditioned medium was collected, centrifuged (12 minutes at 14000 rpm), and the supernatant was stored at -80°C until analysis. The MMP-9 enzyme secreted by rat neutrophils was analyzed on gelatin zymography. Samples were mixed with an equal volume of $2 \times$ sample buffer (which consisted of 10% sodium dodecyl sulfate (SDS), 10% glycerol, 0.5 M Tris-Hydrochloride (Tris-HCL), and 0.1% bromophenol blue at pH 6.8) and then added to 10% SDS-polyacrylamide gels (SDS-PAGE) co-polymerized with gelatin (1%) as the substrate for two hours. Following electrophoresis, gels were renatured in 2.5% Triton X-100 (Sigma-Aldrich, Saint Quentin, France) for 45 minutes at room temperature. The gels were then incubated at 37°C overnight in developing buffer (which consisted of 50 mM Tris-HCl, 0.2 M NaCl, and 5 mM CaCl₂). Gels were stained with Coomassie Brilliant Blue R-250 (Bio-Rad, Marne la Coquette, France). Gelatinase activities were visualized as white bands on the blue background of the gels.

Direct MMP-9 release in the brains was assessed by immunochemistry [3]. MMP-9 positive signals were observed on 20-µm thick frozen coronal sections of brains from rats submitted to MCAO and tPA treatment and receiving vehicle or G-CSF alone at 24 and 72 hours versus control (n = 5 in each group). Diluted rabbit anti-rat MMP-9 antibody was used at a ratio of 1:400 (ab7299; Abcam; Cambridge, Massachusetts, United States) and incubated overnight at 4°C after the tissues were blocked for one hour in blocking solution containing PBS, 0.3% Triton X-100, 1% bovine serum albumin (BSA, Sigma-Aldrich, Saint Quentin, France), and 5% normal donkey serum (Clinisciences, Nanterre, France). The primary antibody was diluted in PBS containing 0.3% Triton X-100, 1% BSA, and 2% normal donkey serum. Sections were subsequently incubated with donkey anti-rabbit secondary antibody diluted at a ratio of 1:500 (Alexa Fluor 488 Dye, molecular probes, Invitrogen, Cergy-Pontoise, France) in PBS containing 0.3% Triton X-100, and 1% BSA for one hour, then washed with PBS and mounted with Vectashield mounting media for fluorescence (Vector labs, Burlingame, United States). Immunostaining was visualized with a fluorescent microscope (confocal Laser Scanning Microscopy 7 live, Zeiss, Fougères, France). Negative control sections were used without the primary antibody.

Statistical analysis

All values were expressed as the mean \pm standard error of the mean (SEM). We performed one-way analysis of variance (ANOVA) or Student's *t*-test followed by *post hoc* protected Fisher's least significant difference test when data were normally distributed (Kolmogorov-Smirnov test, *P* >0.05) and non-parametric tests, with Kruskal-Wallis and Mann-Whitney tests for comparisons of three (or more) non-related and two non-related groups, respectively. For comparisons of two related samples (such as repeated measurements on a single sample) we used the Wilcoxon signed-rank test. Results expressed as frequencies were compared using a Pearson's chi-squared test. All statistical analyses were performed with SAS software (version 9.3, SAS Institute Inc., Cary, North Carolina, United States). P < 0.05 was considered to indicate statistical significance.

Results

Physiological parameters

The mortality rate before 72 hours of reperfusion was the same between groups (n = 3 in vehicle group compared to n = 4 in G-CSF group). There were no differences in physiologic parameters (weight, blood pressure, temperature, pH, PaCO2, and PaO2) between the control and G-CSF administered groups before, during, and after the surgical procedure (data not shown). The blood parameters (prothrombin time and platelets) were not significantly different between the groups at baseline and at the end of the protocol.

Neutrophil response to G-CSF treatment

The neutrophil count in the peripheral blood showed a significant increase in neutrophils after MCAO and tPA at 24 hours of reperfusion (P < 0.05) and was significantly higher when G-CSF was administered (P < 0.0001). This increase is still present but no more significant at 72 hours post-ischemia (Table 1).

Effect of G-CSF treatment on the risk of hemorrhage

G-CSF was associated with a worsened risk of hemorrhage (Figure 1). Hemorrhages were more frequent (P < 0.05) and more severe (P < 0.05) in the G-CSF group compared to the vehicle group (Table 2).

Effect of G-CSF treatment on endothelial function of cerebral vessels

In control animals, G-CSF induced a significant alteration of the MCA endothelial function in response to an increasing dose of Ach (Figure 2a; P < 0.05). Treatment with vinblastine (a non-specific neutrophil-depleting agent) four days before G-CSF administration prevented the observed endothelial dysfunction (Figure 2b; P < 0.05). In animals submitted to MCAO and tPA the MCA endothelial function was significantly altered by the conditions

Table 1 Neutrophil counts on peripheral blood before surgery and after 24 h and 72 h of reperfusion in rats submitted to ischemia/reperfusion and tPA and treated by vehicle (saline 0.9%) or granulocyte colony stimulating factor (G-CSF 60 μg/kg; 30 μL)

Neutrophils (/mm ³)	Vehicle (n = 9)	G-CSF (n = 10)
Before ischemia	1808 ± 665	1645 ± 229
24 hours after ischemia	2993 ± 350*	6626 ± 1570*#
72 hours after ischemia	865 ± 444	1176 ± 587

Mean ± SEM. *p < 0.05 vs basal state; #p < 0.0001 vs vehicle. **G-CSF**, Granulocyte colony stimulating factor; tPA, tissue plasminogen activator, SEM standard error of the mean. (P < 0.001) without the additive effect of treatment with G-CSF.

Effect of G-CSF treatment on neutrophil infiltration and cerebral infarct size

G-CSF, used in combination with tPA, in our MCAO model was associated with a significant decrease in neutrophil infiltration into the infarct area (68.5 ± 6.9 positive cells compared to 136.2 ± 25.2 in the vehicle group, P < 0.05; Figure 3b). This effect was parallel to a neuroprotective effect as it induced a significant reduction in infarct size (98.71 ± 13.27 mm³ compared to 153.72 ± 12.25 mm³ in the vehicle group, P < 0.05; Figure 3a).

Effect of G-CSF treatment on MMP-9 release from neutrophil degranulation

MMP-9 intensity in the supernatant of *ex vivo* tPA-treated peripheral neutrophils significantly varied according to the *in vivo* conditions (Figure 4a). Twenty four hours after the surgery, *ex vivo* tPA significantly induced the release of MMP-9 from neutrophils stemming from shamoperated rats, without a specific effect from G-CSF (P < 0.05; Figure 4b). After ischemia/reperfusion, *ex vivo* tPA induced a significant increase in MMP-9 intensity in the supernatant of PMNs submitted *in vivo* to ischemia and G-CSF treatment (P < 0.05). At 72 hours, no increased in MMP-9 intensity was observed in the supernatant of PMNs submitted *in vivo* to ischemia/reperfusion or ischemia/reperfusion and G-CSF treatment.

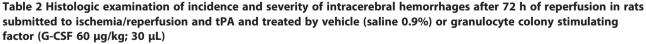
In the brains of control animals there was no expression of MMP-9 at 24 and 72 hours. The MMP-9 positive signal was markedly enhanced in the infarct region after MCAO and tPA at 24 hours, and to a lesser extent at 72 hours (Figure 5). When G-CSF was administered the MMP-9 positive signal in the infarct region was no longer present at 24 and 72 hours.

Discussion

We demonstrated for the first time that G-CSF administered in combination with tPA during the acute phase of cerebral ischemia worsened the risk of hemorrhage. Moreover, G-CSF has a harmful vascular effect witnessed by the altered endothelium-dependent relaxation (an indirect measure of more distal arteriolar damage) in the absence of the ischaemic background. This effect may be related to G-CSF's action on peripheral polynuclear neutrophils, as suggested by the absence of endothelial damage after neutrophil depletion. The increased hemorrhagic risk observed when G-CSF is associated with tPA during the acute phase of ischemia could be directly related to MMP-9 degranulation from these peripheral neutrophils. Our present work confirmed the acute neuroprotective effect of G-CSF when administered during cerebral ischemia in MCAO models [2,14,15].

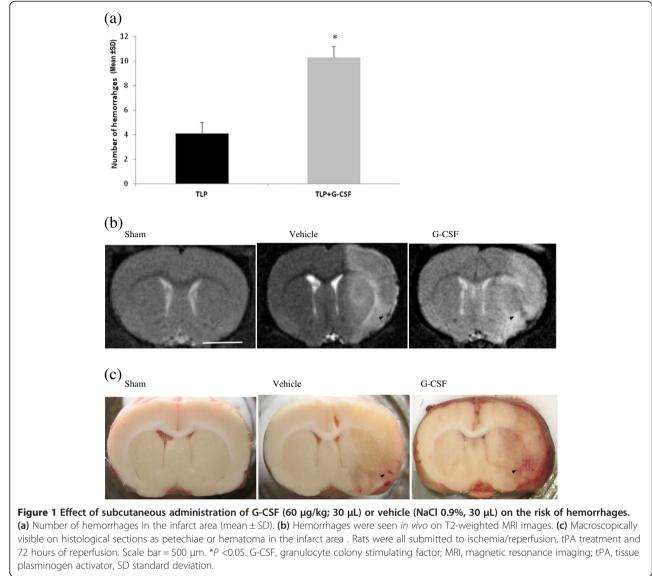
This neuroprotective effect is probably independent pa from G-CSF's action on neutrophils and directly related an to G-CSF's effect on neurons: previous reported mechanisms include direct neuronal impact though specific er receptors, inducing neurogenesis, anti-inflammatory, and anti-apoptotic mechanisms [15-17]. The systemic antiinflammatory effect probably explains the decreased an

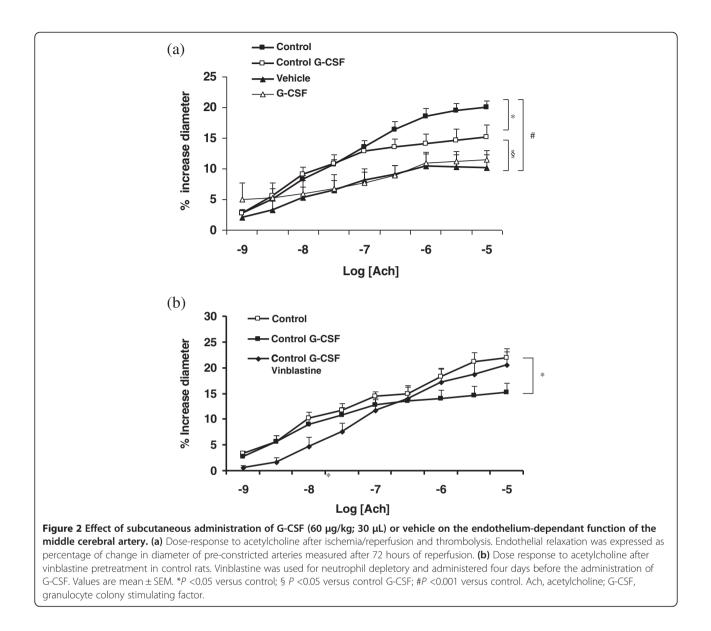
parenchymatous infiltration of polynuclear neutrophils and the reduced presence of MMP-9 in the infarct region in spite of G-CSF-increased circulating peripheral neutrophils. In fact, in our study and according to others studies, the infiltration of neutrophils is significantly reduced after G-CSF administration; leukocytosis and MMP-9 release are restricted to the vessel compartment



	Histologic score		Severity	
	0 = no hemorrhage (n)	1 = macroscopically visible hemorrhages (n)	2 = hematoma (n)	Mean number of petechial hemorrhages ± SEM
Vehicle (n = 9)	1	8	0	4.1 ± 0.9
G-CSF (n = 10)	0	10	4*	10.3 ± 1.8 *

*p < 0.05 vs vehicle. G-CSF, Granulocyte colony stimulating factor; tPA, tissue plasminogen activator, SEM standard error of the mean.

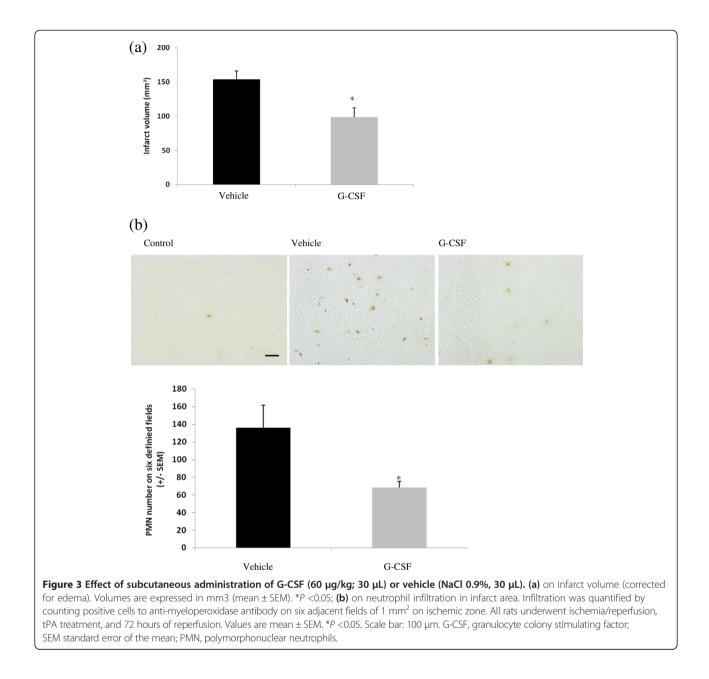




and do not contribute to an exacerbation of brain lesion [18,19]. As the accumulation of neutrophils within ischemic brain territories correlates with the severity of neurological injury [20], this decrease in infiltrating neutrophils could in part support the neuroprotective effect of G-CSF.

In contrast, increased neutrophils in peripheral blood due to G-CSF probably have a deleterious vascular impact. In fact, extravasation of red blood cells (the starting point of hemorrhages) correlates with changes in arteriolar endothelial cells, underpinned by degradation of the basal membrane and rupture of the blood-brain barrier [21]. We have previously demonstrated that inducedneutropenia is associated with a partial prevention of post-tPA hemorrhages, explained by the preservation of vascular endothelial function and a decrease in circulating polynuclear neutrophils [6]. It is well established that the rolling and adhesion of circulating polynuclear neutrophils during ischemia are responsible for vascular alterations in the ischaemic area [22]. Whalen *et al.* correlated the increased neutrophil count induced by G-CSF treatment to blood-brain barrier damage [23]. These circulating neutrophils are a source of MMP-9, a protease which is particularly present in and around cerebral microvessels after a brain infarct [24]. This protease could mediate bloodbrain barrier breakdown, tissue injury, edema formation, and inflammation [22]. The activation of this protease is the main mechanism correlated with the risk of cerebral hemorrhage [25,26]. Therefore, G-CSF-induced leukocytosis could be deleterious for vascular endothelium and could explain the increase risk of hemorrhages.

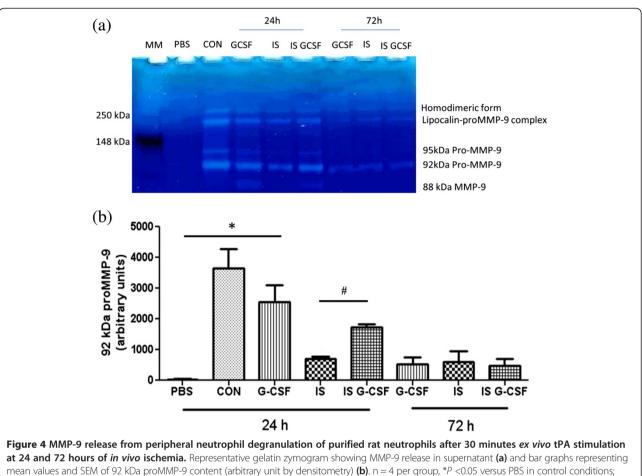
Moreover, the MMP-9 release from PMNs could be directly stimulated and up-regulated by tPA [12,27]. This



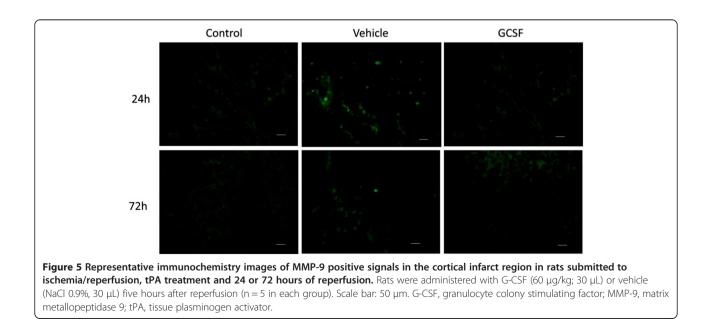
effect, documented in our study with *ex vivo* tPA treatment on cells submitted to *in vivo* ischemia, was observed at 24 hours after ischemia and no longer observed at 72 hours, in correlation with the kinetic of neutrophil proliferation, recruitment, and activation during stroke [28,29]. In our study, degranulation of MMP-9 from peripheral neutrophils was significantly increased when G-CSF was administered in the acute phase of ischemia, suggesting the combination of a direct action of G-CSF on neutrophil proliferation and activation with a direct effect of tPA on the neutrophil degranulation of MMP-9. Also worthy of note, ischemia by itself leads to rapid MMP-9 release from neutrophil degranulation [30], explaining the low level of MMP-9 release after *ex vivo* tPA at 24 hours post-ischemia in comparison to the level observed in control group. These three conditions (ischemia, tPA administration, and G-CSF-induced leukocytosis) could directly concur with the hemorrhagic risk associated with thrombolysis.

Conclusion

Our work highlights the potential hemorrhagic risk in administering G-CSF in combination with tPA during the acute phase of cerebral ischemia, probably though vascular alterations mediated by the MMP-9 release from peripheral neutrophils.



at 24 and 72 hours of *in vivo* ischemia. Representative gelatin zymogram showing MMP-9 release in supernatant (a) and bar graphs representing mean values and SEM of 92 kDa proMMP-9 content (arbitrary unit by densitometry) (b). n = 4 per group, **P* <0.05 versus PBS in control conditions; #*P* <0.05 versus G-CSF in ischemia/reperfusion conditions. CON: control group; GCSF: in vivo GCSF-administered group; IS, in vivo ischemia-reperfusion group; WMP, molecular marker, PBS: non tPA stimulated control group, SEM standard error of the mean.



Abbreviations

Ach: acetylcholine; BSA: bovine serum albumin; G-CSF: granulocyte colony-stimulating factor; HT: hemorrhagic transformation; MCA: middle cerebral artery; MCAO: middle cerebral artery occlusion; MMP-9: matrix metalloproteinase; MPO: myeloperoxidase; PBS: phosphate buffer saline; PMN: polymorphonuclear neutrophils; SEM: standard error of the mean; SHR: spontaneously hypertensive rat; tPA: tissue plasminogen activator.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

SG participated to the conception of the study, carried out the surgical procedure, the immunohistological evaluation, and drafted the manuscript. TO participated in the conception of the study, carried out the vascular reactivity, the immunohistological evaluation, and drafted the manuscript. MT and AD carried out the MMP-9 immunoassays. CL and ML participated in the surgical procedures and the histological evaluation. OP participated in the study of vascular reactivity and performed the statistical analysis. DL participated in the design of the study. RB conceived of the study, participated in its design and coordination, and helped to draft the manuscript. All authors read and approved the final manuscript.

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